



The Mountain Workshop

A Division of Hawke Mountain Ventures, LLC
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CLOTHING & EQUIPMENT REQUIREMENTS:

The Country School - Grade 7 Overnight Adventure at Camp Hazen 6/4/08-6/5/08

For all participants:

- | | |
|--|---|
| <input type="checkbox"/> Bag lunch with beverages for day 1 | <input type="checkbox"/> Warm hat |
| <input type="checkbox"/> Daypack or book-bag | <input type="checkbox"/> Hat with visor |
| <input type="checkbox"/> 1 or 2 filled one-quart canteens or
water bottles (not straw type) | <input type="checkbox"/> Jacket |
| <input type="checkbox"/> Socks | <input type="checkbox"/> Rain gear (tops & bottoms preferred) |
| <input type="checkbox"/> Underwear | <input type="checkbox"/> Sleeping bag with stuff sack |
| <input type="checkbox"/> T-shirts | <input type="checkbox"/> Small pillow |
| <input type="checkbox"/> Shorts | <input type="checkbox"/> Flashlight with extra batteries |
| <input type="checkbox"/> Swimsuit | <input type="checkbox"/> Towel |
| <input type="checkbox"/> Long pants | <input type="checkbox"/> Toiletries
(shampoo, soap,
toothbrush, toothpaste) |
| <input type="checkbox"/> Long sleeved shirt | <input type="checkbox"/> 1/2 roll toilet paper |
| <input type="checkbox"/> 1 wool or polar fleece sweaters | <input type="checkbox"/> Chapstick |
| <input type="checkbox"/> 2 pairs sneakers
(1 pair that can get completely wet) | <input type="checkbox"/> Sunscreen |
| <input type="checkbox"/> Hiking shoes/boots with socks | <input type="checkbox"/> Bug repellent |
| <input type="checkbox"/> One set of old, unvalued clothes for
Voyageur Canoe | <input type="checkbox"/> Camera (optional) |

Participants should arrive with two items:

- **A daypack with lunch, full water bottle, rain gear, warm shirt, bug repellent and sunscreen.**
- **A duffel bag packed with all other belongings (sleeping bag too).
(Waterproof belongings in a plastic garbage bag inside duffel.)**