

The Country School
Food Allergy-Peanut, Tree Nut, Unknown Origin

PHOTO

SYSTEM	ANAPHYLAXIS SYMPTOMS
MOUTH	Itching, swelling of the lips, tongue, or mouth
THROAT	Itching and/or a sense of tightness in the throat, hoarseness, and hacking cough.
SKIN	Hives, itchy rash, and/or swelling about the face or extremities.
GUT	Nausea, abdominal cramps, vomiting, and/or diarrhea
LUNGS	Shortness of breath, repetitive coughing and/or wheezing
HEART	“Thready” pulse, “passing-out”

<i>Health Problem Nursing Diagnosis</i>	<i>Student Goals</i>	<i>Intervention</i>	<i>Re-Evaluate</i>
Potential allergy to foods	Student to be aware of foods causing	Educate adults having contact	Annually/PRN
Specific Allergens:	Reaction and avoid at all times.	With student regarding	
		symptoms of an allergic	
		reaction and anaphylaxis	
	Student will alert an adult if she/he	Adult will remove student from area: Notify RN.	Annually/PRN
	identifies any food in her		
	environment, to which she is		
	allergic.		
	Student will notify an adult if she/he	<i>RN or designated teacher to</i>	Annually/PRN
	suspects she/he has ingested an	Initiate CODE PEANUT	Home:
	allergen of if is experiencing		Dad-Work
	symptoms	1 Administer:	Dad-Cell
		2 Administer:	Mom-Work
		3 CALL 911	Mom-Cell
		4. Transport to ER	Dr.
		5 Notify PARENTS	

Student Name		Student Signature	Date: / /200_
Parent Name		Parent Signature	Date: / /200_
RN Name		RN Signature	Date: / /200_
Teacher Name		Teacher Signature	Date: / /200_
Teacher Name		Teacher Signature	Date: / /200_
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